

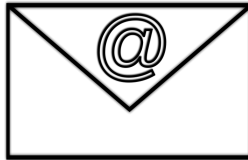
Welcome to 1st Grade

Class Handbook

Teacher Info

Hi! My name is Sadie Schwebach (pronounced Sh- way- bock), but all my previous students have called me Ms. Schwe (pronounced Sh - way). I live in Minneapolis with my husband and son and have a second child on the way! I am also a hobby beekeeper and hope to have a little backyard farm in the future. Take a look at the teacher philosophy tab to understand my approach to education.

If you have any questions about the school year, be sure to send me an email! Keep reading this handbook for important classroom info. I suggest keeping it somewhere safe to refer to at any point in the year.



Room number: 119 **Classroom phone number:** 651-621-7649

Email: sadie.schwebach@moundsvIEWSchools.org

Remind App: If you have a smartphone, follow the link rmd.at/kgf733 or if you do not have a smartphone, text @kgf733 to the number 81010 to join this safe and private app to get classroom reminders and updates.

Classroom Website: <http://schwefirstgrade.weebly.com/>

Best Form of Communication: I have the quickest response when you email me! However, in an *urgent* case call the school office and they will make sure I get any important information.

Communication



Dismissal: Please send an email the night before or call the office as soon as you can if your child's way home is different than normal. I cannot let students go home a different way unless I was notified by a parent.

Absences: Call the office on the morning of your child's absence at 651-621-7601 so that they can mark the absence as excused.

Family Folder: Your child will have a designated folder that will go home each day and will need to be returned the next morning. This folder will include any notes from me or the school. Please check your child's folder every night.

Newsletter: On the last day of the week, I send home a class newsletter with updates from the current week and news for the next. It also has a spot to keep track of their daily reading homework. Check their folder and newsletter every evening to see if I have left any notes and to mark down reading minutes.

RemindApp: I use this app to send quick reminders to parents (example: turn in permission slips, etc.)

Class Website: I use this to share pictures and fun things we do in class.

Schedule

Daily Schedule

8:05 Breakfast starts
8:20 First Bell Rings / Morning Jobs
8:35 Second bell / Morning Meeting
8:55 -9:35 Readers' Workshop
9:35-9:50 Word Work + Phonics
9:50 Break Time
10:00 W.I.N. Reading Groups
10:55 Writer's Workshop
11:30 Calendar
11:40 Recess
12: 00 Lunch
12:25 Mindfulness
12:40 Math Workshop
1:45 Pack Up and Clean Up
2:00 Specialists
2:55 Community Circle / Social Skills
3:15 Dismissal

Specialist Schedule

Specialists work in a rotation and are not assigned to specific day of the week. It is important to check the newsletter to see what the next week's schedule will be. Remember that for gym days your child should wear or have in his/her backpack a pair of tennis shoes.

Our specialists are **gym, music, science, art, and technology.**

Important Class Info

Outside Clothing: We go outside for recess everyday unless it is raining or the temperature is extremely low. So please make sure your child brings appropriate clothing for cold days. Label each item of clothing with your child's name or initials in permanent marker.

Birthdays: For reasons such as allergies, we are asking for families to celebrate and acknowledge their child's birthday in other ways besides sending food. Feel free to send your child's favorite book for us to read or another non-food item for us to enjoy in class (examples: pencils, stickers, etc.) Summer birthdays will be celebrated throughout the year.

Homework: The only required homework is to read. Please have your student read and record the minutes along with your signature on the newsletter. Your child can read on their own, with a sibling, with a parent, or can listen to someone read to them. The point is for them to enjoy reading and become a lifelong reader.

Teacher Philosophy



Your child's emotional and social wellbeing is just as important to me as his/her academics! In fact, a child may struggle with academics if they do not feel taken care of emotionally or socially. I will do everything I can to help him/her know they belong and can feel safe in our classroom. I believe it is my job to teach to the **whole** child.

The main way that I will do this is through *mindfulness*. Simply put, mindfulness is being present in the moment so that we can choose our responses in every situation. I teach my students self-regulatory strategies, to help rid themselves of distractions and focus on the here and now. When children are successful in this, they make better decisions for themselves, understand what they are feeling, grow in their compassion, slow down, and de-stress.

Additionally, I like to keep my students moving which helps them stay physically healthy and keeps them engaged in their work. While I will teach them many social skills through mindfulness and movement activities, we have 5 main social skills that we will return to everyday: 1. I can be mindful, 2. I can be kind, 3. I can persevere, 4. I have integrity, and 5. I can solve my problems.

I want to help your children learn how to make safe, healthy, and compassionate decisions. If you have any questions or concerns about this, please be sure to let me know.